

Glebe Public School

A quality education in a caring environment.

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<u>Learning From Home - Week One, Term Three</u> (13th - 16th July 2021)

Dear Parents. Carers and Students

Welcome to Week 1, Term 3. We hope you have had a safe, relaxing holiday break and are ready for another great term of learning at Glebe Public School. Due to current Covid-19 restrictions, we are starting the term with Learning from Home. We look forward to seeing you face-to-face soon.

The school will provide the one program of learning for students who attend school, and students who are learning from home.

You will find a suggested activity schedule for this week below. Learning matrixes for each stage are included in the Learning From Home unit of work, and provide a mix of online and 'offline' activities that can be selected from each day, as appropriate for each student and family.

The Learning From Home unit of work for Week 1, Term 3 is available for download from the school website. Should you require a hard copy of the unit of learning, these can be collected from the Derby Lane gate between **10:00am and 11:30am on Tuesday 13 July**. Should you be unable to collect the hard copy in person, please email or phone the school so arrangements can be made.

We encourage students to complete activities in a notebook or on paper. Should you need passwords for our online platforms (Reading Eggs, Mathletics, Matfic, SeeSaw or Google Drive) please make contact with your child's class teacher.



Suggested Learning from Home Timetable - Week One, Term Three 2021

	Tuesday	Wednesday	Thursday	Friday
Morning	English	English	English	English
	Start the day by reading a book of your choice, or perhaps listen to one online.	Start the day by reading a book of your choice, or perhaps listen to one online.	Start the day by reading a book of your choice, or perhaps listen to one online.	Start the day by reading a book of your choice, or perhaps listen to one online.
	Complete an activity from the English Tasks Matrix . You may wish to choose from a reading, writing, spelling or handwriting task.	Complete an activity from the English Tasks Matrix . You may wish to choose from a reading, writing, spelling or handwriting task.	Complete an activity from the English Tasks Matrix . You may wish to choose from a reading, writing, spelling or handwriting task.	Complete an activity from the English Tasks Matrix . You may wish to choose from a reading, writing, spelling or handwriting task.
Break				
Middle	Mathematics	Mathematics	Mathematics	Mathematics
	Complete a task from the Mathematics Tasks Matrix.	Complete a task from the Mathematics Tasks Matrix.	Complete a task from the Mathematics Tasks Matrix.	Complete a task from the Mathematics Tasks Matrix.
Break				
Afternoon	Science	Creative Arts	Geography	PD/H/PE
	Complete a Science activity from the Other Key Learning Area Tasks Matrix .	Complete a Creative Arts activity from the Other Key Learning Area Tasks Matrix .	Complete a Geography activity from the Other Key Learning Area Tasks Matrix .	Complete a PD/H/PE activity from the Other Key Learning Area Tasks Matrix .

Wellbeing Tasks

If you need a change of pace, a break or alternate options to the Key Learning Area tasks, the **Wellbeing Matrix** provides some ideas on alternative activities that they could undertake.

Useful Websites

A list of interesting websites has also been provided. These websites could also be utilised by families to support learning from home.



Early Stage One (Kindergarten) English Tasks

Writing

Write at least one sentence about something you did in the holidays. It can be real or imagined. Draw a picture when you have finished your writing.

One day in the holidays I flew to the moon in a rocket. It took 3 days to get there. I ate moon cakes.

Reading

Share a story with someone in your home. Draw a picture of your favorite part of the story. Label your drawing with the title and the author.

Remember to record the books you read on your Reading Log.

https://online.det.nsw.edu.au/prc/h\ome.html



Phonics

Go on a letter hunt around your house. Find as many things as you can that start with the letter Ss. Draw and label everything you find.

Sing the Alphabet Phonics song 2. https://www.youtube.com/watch?v=BELIZ KpilZs

Speaking and listening

Find some jokes and practice sharing them with your family.
Prepare to share the funniest one with the class when you get back to school.



Writing

Write an acrostic poem about school, holidays or family.

Science

Clubs

Having fun

Outside play

Our classroom

Love our friends

Reading

Think about a movie you have watched. Draw a picture of the main character.



Spelling

Practice writing, recognising and spelling these site words. Can you use them in a sentence?

and good was

me do saw

Online stories

Story Box Library Enjoy some great Australian stories. www.storyboxlibrary.com.au GPSStudent StoryBox1

Reading Eggs Log on to Reading Eggs to enjoy stories from the library and develop phonics skills.



Writing - Journal Writing

Draw a portrait of someone in your family. Write a sentence to describe them using adjectives.



Reading

Share a story with someone in your home. Write or draw what happened using time connectives.

First Then Finally / In the end

Handwriting

Copy this sentence neatly and draw a picture to match.
The snake slid across the sand.



Dance mat typing

Develop typing skills using this free levelled resource.

https://www.dancemattypingguide.com/



Early Stage One (Kindergarten) Mathematics Tasks

Whole Number

Write your numbers neatly from 1 to 30. Try writing them from 20 to 1.

Try drawing them on a ladder, a snake or a rocket.



Addition

Henry has 8 coloured pencils. He is given 4 more. How many pencils does Henry have altogether? Draw this addition problem. Write the numbers. Find the answer.

Write your own addition problem.

Patterns and algebra

Draw some patterns using colours or shapes. Can anyone in your home finish your pattern?



Geometry

Go on a shape hunt around your house. How many circles, squares, rectangles or triangles can you find?

Play I spy with shapes. I spy with my little eye, something round.

Whole number

Choose a number between
1 and 10, 10 and 20, 20 and 30.
Write the number, the
number before it and the
number after it. What number
is 10
more?

18 19 20

Subtraction

Amy had 9 crackers. She ate 6 crackers. How many crackers did Amy have left?

Draw this subtraction problem. Write the numbers. Find the answer.

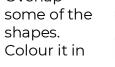
Patterns

Use the 100s chart to help you write some number patterns. Try counting by 2s and 5s.

Geometry

Find a few different objects with the same shape but different sizes. Trace around them on a piece of paper.

Overlap some of the





Whole number

Lay 20 playing cards face up (picture cards removed). Players race to find 2 cards that add together to make 10. The player with the most matches wins. See more at https://www.weareteachers.com/math-card-games/

Grouping and sharing

Share 10 Iollies equally between 2 jars. How many Iollies does each jar have? Draw what this looks like. If there are 3 jars, and each jar has 4 Iollies, how many Iollies are there altogether? Draw what this looks like.

Hundreds Chart

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Matific

Complete some learning tasks in Matific.

https://www.matific.com/au/en-au/home/



Early Stage One (Kindergarten) Other Key Learning Area Tasks

Science - Living things

Go for a nature hunt around your neighborhood or in your backyard. Collect as many different leaves as you can find. Organise them into groups, by size, colour or shape. What is the same? What is different?

Science - Living things

Investigate the seeds you find in the fruit and vegetables you eat. How are they the same? How are they different?

Science - Living things

Design a fruit and vegetable garden for a backyard, balcony, or window box. What would you grow? What would you need to do to look after it? What would you make with the things that you grow?

PD / Health

Design the perfect lunch. It could be a sandwich, it could be a salad or a bowl of pasta. Draw and label the ingredients used to make it.



Geography

Draw a map of your home.
Label each room. Trace a path
from your
room to the
front door.

Geography

Look out a window. What do you see? Make a list of the built features (buildings, cars, roads) and natural features (plants, trees, grass). You can use words or pictures.

Geography

Go for a walk around your neighbourhood.
List 3 interesting things that you saw.
List 2 things you think would improve your neighbourhood.
Ask 1 question about your neighbourhood.

PD / Health - BounceBack!

Bad times don't last.
Think of a time when you felt bad. What happened to make it better? Draw or share your story with someone in your home.

Creative Arts

Use the leaves you collected on your walk to make a leaf collage. Glue them on paper, draw them, trace them, or make a crayon rubbing.

Creative Arts

Look at this work of art. What can you see? Why do you think the artist used these things? Google <u>Arcimbold</u>o to see more like this.



Creative Arts

Play your favourite song and DANCE!

Physical Education Movement Time

Spend time playing an active game or moving your body.



Stage One (Year 1 & Year 2) English Matrix

Writing - Holiday Recount

Write about something you did in the holidays. It could be real or imagined. Illustrate your writing.



Reading - Making Predictions

Predictions are created by combining two things:

1. The clues the author leaves for the us (the words, pictures or text features) 2. What you already know.

Before you start reading today, make some predictions about the story. Think about why you are making these predictions (e.g. what clues you see).

Spelling - Clever Caterpillars Sound of the Week:

Long a vowel digraph: magic e - a_e (e.g. place, make, tale)
Brainstorm as many words as you can that have the sound of the week. Write some sentences using these words.

Seesaw https://web.seesaw.me/

Log into Seesaw Class to complete some spelling and comprehension activities.

Seesaw



Writing - Acrostic Poem

Do some research about your favourite animal. Then, write an acrostic poem using the letters of its

name. Draw a picture of the animal.



Reading - Setting

pencils or

textas.

Think about one of the books you read. What was the main setting? Write a description of the setting or draw a detailed picture using coloured



Spelling - Excellent Emus & Leaping Lizards



Sound of the Week:
Soft c sound - S sound
(e.g. face, city)
Brainstorm as many
words as you can
that have the sound
of the week. Write
some sentences
using these words.

Story Box

Listen to and watch stories read by storytellers.



Username: GPSStudent Password: StoryBox1

https://storyboxlibrary.com.au/

Writing - Journal Writing

Write about how you are feeling today. What emotions are you feeling and why?

Draw a picture to match your writing.

Reading - Building Stamina

Set a timer and see how long you can read for. Challenge yourself to build your reading stamina and increase this time by a little bit each day.

Handwriting

Practise using your neatest NSW Foundation Font handwriting. You may wish to practise:

- family member names
- letters of the alphabet
- the spelling brainstorm words.

Reading Eggs

Complete some tasks on Reading Eggs or Fast Phonics.







Stage One (Year 1 & Year 2) Mathematics Tasks

Whole Number - Number of

the Day Choose a number between 1 - 100. Use words, numerals and pictures to record

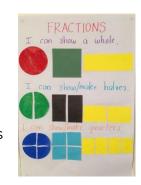
different ways to show your chosen number.



Fractions - Folding Fractions

Using paper, make folds and cut to show halves and quarters.

Make a list or draw fractions in everyday life at home



Patterns - Pattern Hunt

What patterns can you find in and around your home?
Draw the patterns you found in your

notebook.

Write some words that describe your pattern.



Toy Theatre

https://toytheater.com/category/math-games/

Complete online learning tasks using the Toy Theatre website



2D Space - Shape Search

Go on a shape hunt around your home! You need to find 3 squares, 3 rectangles,, 3 triangles, 3 circles, 3 hexagons and 3 octagons. Draw and label the different shapes you found in your notebook.



Length - Measuring Distance

Make a paper airplane. Measure how many steps the plane flies. Try a new design to see if you can beat that distance.



Position - Simon says

Play 'Simon Says' using position and location words. Simon says jump on your **right** foot. Simon says stand **next to**



Matific

Complete some learning tasks in Matific. https://www.matific.com/au/en-au/home/





Maths Problems

Annie counted 15 birds on her walk in the park. Her brother Tim counted 21 birds. How many more birds did Tim count than Annie? The florist has 4 orchids, 3 sunflowers, 8 roses, 2 gerberas and 6 carnations. How many plants did the florist have in total?

Record your thinking in your notebook.

Maths Problems

25 children had to be organised into 5 equal groups. How many children must be placed into each group?

Coral shared 12 ice cream scoops equally amongst 4 ice cream cones. How many scoops were in each cone?

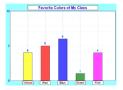
Record your thinking in your notebook.

Graphs - Favourite Colour

answers in a

picture graph.

Ask each member of your family what their favourite colour is. Show their



Seesaw

https://web.seesaw.me/ Log into Seesaw Class to complete some Mathematics activities





Stage One (Year 1 & Year 2) Other Key Learning Area Tasks

Science - Push / Pull

A push is a force that moves an object away from something. A pull is the force of bringing an object closer.

Make a list of things in your home that you push or pull.

Geography - Write a letter to the school sharing what you've been doing in the holidays. Hold onto it until we return to school or post it to the school's address. Don't forget to include your address at the top of the page as we will be exploring places and maps this term.

Visual Arts

Creative Arts -

Portraits

Sketch. draw and colour portraits of your family and pets. Create an art gallery at home. Create a self portrait to add to the gallery.





Science - Push / Pull - Toys

Push and pull are opposite forces, meaning they move objects in different directions.

How do you use your toys? Do you push or pull when playing with them? Draw and label diagrams of how your toys move.

Geography - Places in Australia

Which places would vou like to visit in Australia? Where are they? (city, town, suburb, state) How would you get there? (car. train, plane, boat). How long would it take to travel there? What activities would you do there? What would you see?

Creative Arts - Visual Arts

View From My Day Think of an activity that you enjoyed today. Using pencils (or other art supplies you have at home). Sketch and draw an artwork inspired by your observations during this activity - How did you feel? What did vou see? There is no right or wrong - just create!

Science - Making Things Move Identify objects that can be

pushed or pulled on the ground, in water or through the air.

Draw a table in your notebook and group objects according to whether they move 'on the ground', 'in water' or 'in air'.

Geography - Places That I Visit

List some places that you would usually visit in the local area. Sort the places as daily / weekly / monthly or not often to show how often each place is visited. Also indicate whether each place is near, far or very far from vour home.

Creative Arts - Dance & Music Choreograph your own dance

to a favourite piece of music and perform it for your family.

Learn a dance

from Just Dance Kids (Youtube) and perform it for your family.



PD / Health - Looking After **Yourself** Brainstorm the things that contribute to our health, safety and wellbeing at school and home. Create a poster to

share your ideas.

Engage in some activities from the Wellbeing Matrix.

PD / Health - BounceBack!

Draw a situation in which you bounced back or showed other people how to bounce back. Write one of the Bounce



Back rules next to the drawing.

Physical Education Movement Time

Spend time playing an active game or moving your body.

PE with Joe

Complete a workout from the PF with Joe channel (YouTube).





Stage Two (Year 3 and 4) English Tasks							
Writing Write a description on what you can see from outside your window in your classroom/home. Ask your parent or carer for some feedback on your writing.	Reading Read one chapter of the book you are reading at home. How are the characters and plot creating an interesting narrative? How have the main character/s changed? Who is responsible for this?	Spelling Read a non-fiction text. Select 8 challenging words. Find their definitions and then place the words in reverse alphabetical order.	Online Choose activities to complete from Reading Eggs: https://readingeggs.com.au/				
Writing Write a letter to a character from a text you are reading. Let them know what you like about their character and what you would like their character to do next in the text.	Reading Think about some characters from books you have read. Which character from a book would you most like to meet and why? Give 3-5 reasons – one paragraph per reason.	Spelling Create a find-a-word using any 10 tricky, new or interesting words from the dictionary.	Online Watch Behind the News (BTN) at 10am and on ABC Me. Choose your favourite story. Write a summary of the story or talk about why this was . https://www.abc.net.au/btn/				
Writing Journal writing- Write about how you are feeling today. What emotions are you feeling and why? Draw a picture to match your writing.	Reading Select a picture book and only look at the pictures. Do not read the words. Can you add text to accompany the pictures? Does your story match the original story?	Handwriting Make a card or letter for a friend or family member. Make sure your handwriting is neat and your letters are correctly formed.	Online Complete activities from Pobble 365: https://www.pobble365.com/				



Stage Two (Year 3 and 4) Mathematics Tasks

Dream Bedroom

Design your dream bedroom. Your budget for new furniture is \$2000. Make a list of items you would buy, where you are buying those items from and their cost.

Fractions

Make a list of where and when we use fractions in everyday life.









Favourite Sports

Use the table below and construct a column or picture graph.

- NRL = 8
- Soccer = 6
- Tennis = 5
- Netball = 10
- Dance = 9

Analyse the column graph. Tell me at least 5 things about what you see.

Restaurant Design

Lily's family have just opened an Italian restaurant. They have enough space for 48 diners. Draw two possible floor plans, showing two different ways of how the tables might be arranged.

3D Space

Brainstorm all of the 3D objects you can think of and sort your objects into 'families' of objects.

How many edges, vertices and faces do each of these 3D objects have?





Multiplication

Practise your times tables 1x-12x for automatic recall. You can write them out, say them out aloud – anything to help you! Draw pictures to show 12 x 7, 8 x 9, 6 x 4, 11 x 5.

Division

Create 5 division word problems involving ducks and oranges. Don't forget to calculate the answers.

Time

Write 10 times of your choice e.g., 7:45am, 1:10pm etc. Draw what these times look like on an

analogue clock – think about the minute and hour



hands, as well as the placement of numbers on the clock!

Subtraction

The answer is 53. Write 5 possible subtraction word problems involving the Stage 2 teachers. For each word problem, write the number sentence and show your working out. Think about the strategy you will use

- Algorithm
- Jump
- Split
- Compensation



Mathletics

Complete online mathematical learning tasks using the Mathletics website. https://www.mathletics.com/au/

Toy Theatre

Complete online learning tasks using the Toy Theatre website. https://toytheater.com/

Number of the Day

The number of the day is 64. Draw and write everything you know about 64 (you can use any operation.

Volume & Capacity

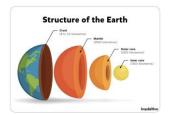
You have made 36 chocolates to give a friend for a present.
Design some boxes to hold all of the chocolates.

Stage Two (Year 3 and Year 4) Other Key Learning Area Tasks

Science - The Earth's Environment

Look at the infographic showing the different layers of the Earth. Write a sentence describing the Earth's crust using words like:

surface, thin, outer, layer etc.



Science - The Earth's Environment

Use Google Earth to visit places and find spectacular landforms on the Earth's surface.

Discuss/make a list of the places you would like to visit and avoid.



Science - The Earth's Environment

Research what features are part of the Earth's natural surface. How do you think mountain ranges are formed? Can you list any of the largest

mountain ranges on Earth?



PD/Health - Mental health

Brainstorm some things you like to do to look after your mental health. What are some of the strategies that support and nurture your mental health?

Engage in some activities from the **Wellbeing Matrix.**



Geography - Sustainability

Look at this image titled 'sustainability'. Write down/talk about all of the things you see in this image.

We will be exploring the Earth's environment and sustainability this term.



Geography - What is sustainability? To understand sustainability, we could imagine we are writing care instructions for our planet. Using some of the words from the image, write a set of care



Geography - What is renewable energy? Make a list

of renewable energy resources. How are these resources used to create a more sustainable world?

PD / Health - BounceBack!

Think about a time when you bounced back! How did this help you to become more resilient and what did you learn from this experience?

Do you know what the BounceBack! acronym stands for? Try and list as many explanations as you can remember.





Creative Arts - Visual Arts Portraits

Sketch, draw and colour portraits of your family and pets. Create an art gallery at home. Create a self portrait to add to the gallery.

Creative Arts - Visual Arts
View From My Day Think of an
activity that you enjoyed today. Using
pencils (or other art supplies you
have at home). Sketch and draw an
artwork inspired by your observations
during this activity - How did you
feel? What did you see? There is no
right or wrong - just create!

Creative Arts - Dance / Music Choreograph your own dance to a favourite piece of music and

perform it for your family. **Learn a dance** from Just Dance

Learn a dance from Just Dance Kids (Youtube) and perform it for your family.

Physical Education - Movement

Time Spend time playing an active game or moving your body.

PE with Joe

Complete a workout from the PE with Joe channel (YouTube).

Stage Three (Year 5 Year 6) English Tasks

Writing - Persuasive

Would you Rather?- make a choice and explain it using convincing arguments. Would you rather: 1. Be incredibly funny or incredibly smart? 2. Be able to control fire or water? 3. Have a robot or a jet pack?

Writing - Imaginative

Story Starters- finish these story starters 1. I couldn't believe my eyes when I opened the door and saw... 2. "Run faster!" I shouted, just as the... 3. Her heart was pounding as...

Writing -Informative

Lottery win! If you had \$100 000, how would you spend it? Explain your choices and try to find the real costs of the things you want to buy.

Reading

Summary Challenge! What was your text really about? Write a one sentence summary that would make someone interested in reading or viewing your text.

Writing - Persuasive

Perfect Pet? Pretend you are the owner of a pet store. Write what you would say to persuade customers that this is the perfect pet for them!



Writing - Imaginative

Sick Sentences- make these sentences better by adding descriptive words, phrases and verbs. 1. The boulder went down the mountain. 2. I looked at the ocean.

3. A tsunami hit the beach.

Writing - Informative

Interview Choose a family member you are interested in. Write a list of 8-10 questions you'd like to ask them about their lives. Interview them and record the answers. You could even film your interview.

Reading

What if?? What if your text ended differently? Choose an alternate ending to your story and write and illustrate it.



Writing - Persuasive

Ban Bedtimes! Do you think you should be able to choose your own bed time? Why/Why not? Write a persuasive speech to your parents to convince them of your point of view. You'll need strong arguments and examples!

Writing - Imaginative

Theme Park The world's largest and best theme park has just opened. Be a reporter and describe the theme park in a report. Add helpful visuals like pictures of the rides and a labelled map.

Writing - Informative

What am I? Choose an animal. Write a series of clues about what the animal is classified as, where it lives, what it eats and any other facts you know. Quiz a family member or your teacher, can they guess what your animal is? Draw and label a diagram too.

Reading

Comic Strip: Create a comic strip that relates to an event in your text.

Stage Three (Year 5 Year 6) Mathematics Tasks

3D shapes- Create nets using paper. Build your own CANDYLAND using the nets you

have made. Can you make a cylinder for a slide?



How many cups of coffee do you think your teachers drink altogether in a day? Think about how many teachers and

times of the day they might have a coffee.

If you rolled a dice 100 times, what number do you predict will appear the most? Give a reason for your answer. Try it out and create a tally chart to record your test.



How many objects can you draw that have the same perimeter and area? Remember perimeter is the length around the edge of a 2D shape and area is the space inside a 2D shape measured in square units. Can you draw more than 10?

Using a clock- Write down all of the times when the hour hand and minute hand are at right angles.
Can you find more than 10?



I subtracted an odd number from an even number. What could the numbers be? Make 10 different examples. Do you always get an odd or even answer? Make a budget for a trip with your family for 2 weeks. Think about where you would like to go and what you want to do. Consider things like cost of fuel/plane tickets, cost of food for everyone, cost of accommodations and cost of any events or attractions you would like to do with your family. Your budget is \$5000.
Once you are done, work

How long have you been at school? Try to be as accurate as possible. How many years, months, days, minutes or even seconds? Extension- How long in just minutes? How long in just seconds?



out how much over or under budget you are.

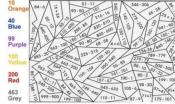


Add three numbers together to create an: - Odd number - Even number What could the numbers be? Make at least 10 combinations.

How many numbers can you make using the numbers 1,4,6,9 and the 4 operations? You can only use each number once. What is the biggest number you can make and the smallest?

E.g 1+4+6+9 = 20

Create a colour by numbers picture using addition problems. Draw your picture using lead pencil- show your teacher/parent. Then once checked you may colour it in following your instructions.



Stage Three (Year 5 Year 6) Other Key Learning Area Tasks

Science

States of Matter in the Household – Solids, Liquids & Gases Make a table with three columns titled solids, liquids and gases. Find things around your house, classify their state of matter and list them in the table.

Science

9x6+4+1=59

Yeast Create an information report about yeast. The following questions may help: What is it? Is it a living thing? How do you know? What conditions does it need to be active and release carbon dioxide gas? Draw a diagram to help explain.

Science

Mould Create an information report about mould. The following questions may help: What is it? What environment does it need to grow? Where have you seen mould at home and why do you think it grew there? Give an example of a mould. Use a picture or diagram to help show what it looks like.

PD/Health/PE

CREATE A GAME Make up your own game that has targets. You could throw a frisbee or any type of ball. Give more points for harder targets.



Geography

Country Research: Choose a country to research and focus on. Compose an information report using subheadings to organise your facts. Possible subheadings could be: population, location, climate, native plants/animals, national symbol, natural features, lifestyle, connections to Australia, fun facts.

Geography

Australian Ethnic Population Do some research to discover Australia's population. What percentage of the population comes from different ethnic groups? Create a table to show the information. Create a graph, such as a pie or column graph, to display the data. You can use Microsoft Excel if you have a computer. www.worldometers.info/could be a useful site to check.

Geography

Country Flags: Choose six country flags. Display/draw each of them. Find the meaning for each flag.

PD/Health/PE

FITNESS COURSE Make up your own fitness course to do at home. You could include the backyard, trampoline or stairs. Do the same fitness course on more than one day to see if you can improve.

Creative Arts

Weaving your walk
This is a a lovely way to create art from
the walking you are doing in the
holidays. Even if you don't do the
weaving, you can use your materials to
make an artwork by pasting them to a
piece of cardboard or paper. Post
photos if you do this activity! Enjoy
being outside!

https://togetherinart.org/how-to-weave-your-walk-with-blake-griffiths/

Creative Arts

Dada poetry!

Some of the Year 6s will remember our surrealist poems and art we made last year. This is a similar activity you might want to try in the holidays! Another way that poems can become a piece of art like our Erasure Poetry.

https://togetherinart.org/how-to-make-a-dada-poem-with-tony-albert-and-bree/

Creative Arts

Try this!
You will need:

- -A camera or phone
- -Some materials that are see-through. Choose colourful or interesting textures like sweet wrappers or plastic bottles
- -Friends or family to help
- -Somewhere to take photos!

https://www.tate.org.uk/kids/make/art-technology/photo-challenge-filters

PD/Health/PE

JUGGLING See how many times you can juggle different types of balls... soccer, rugby league, tennis. What records can you set for yourself?

K - 6 Wellbeing Activities

Mindfulness 5-4-3-2-1!

Think about:

- 5 things you can see
- 4 things you can touch
- 3 things you can hear
- 2 things you can smell
- thing you can taste

Draw or write down some of the things that you sensed.

Draw a picture about how you feel.



Deep Breathing

Set a timer for 5 minutes. Sit down and do some deep breathing. Do this by yourself or with a family. Remember that all feelings and situations are temporary.



Create a gratitude poster with all the things that make you feel happy and strong.



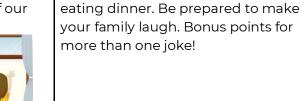


Create some art for a friend. Take a photo of it and send it to them!



Explore the world around you.

Notice the plants, flowers, trees, birds, sky and noises. Take a photo or draw these natural parts of our world. If you can't go outside, what can you see outside your



Create your own mindfulness colouring and then enjoy colouring it in.



Get outside and make some artwork with sticks and leaves or help someone in the garden. This might be by watering plants or checking for slugs and insects.



Send an email, video call or write a letter to a loved one. Things to include:

a) ask some questions

window?

- b) what you have been up to
- c) 3 things that make you happy

Dance like nobody's watching, put on your favourite song and get grooving.

Learn a new ioke or practice telling

a joke you already know! Share the

ioke with your family while you are



Build-a-Skill!

This may be something that you have already tried, or it could be something completely new. This could be the start of an exciting journey! One day you could be a world-famous baker, artist, or computer coder!

Helpful Links to Online Learning

Interesting sites

All sorts of learning opportunities -

https://education.abc.net.au/home#!/home

Immerse yourself in art - https://artsandculture.google.com/

Get coding! - https://code.org/ or https://scratch.mit.edu/

Mathematics

Mathletics - https://www.mathletics.com/au/for-schools/

Matific - https://www.matific.com/au/en-au/home/

Games - https://www.abcya.com/

Problem solving - https://nrich.maths.org/



Literacy

Enjoy a story https://storylineonline.net/

Story starters - http://www.pobble365.com/

Story inspiration - https://www.onceuponapicture.co.uk/

Watch the news - https://www.abc.net.au/btn/

Reading eggs - https://www.3plearning.com/software/reading-eggs/

Play some games - https://www.abcya.com/

The Premier's Reading Challenge -

https://online.det.nsw.edu.au/prc/home.html

Phonics and Vocabulary – https://readingbear.org

Challenge yourself with some tricky grammar -

https://chompchomp.com/menu.htm

Jokes for kids https://www.rd.com/list/short-jokes-for-kids/

Problem solving - https://www.resolve.edu.au/teaching-resources

Games - https://toytheater.com/category/math-games/

Games - https://www.youcubed.org/tasks/

Get Active

Just Dance Kids -

https://www.youtube.com/results?search_query=just+dance+kids

Go Noodle - https://www.gonoodle.com/

P.E with Joe - https://www.youtube.com/watch?v=YvrtftiOOVw

Cosmic Yoga - https://www.voutube.com/user/CosmicKidsYoga